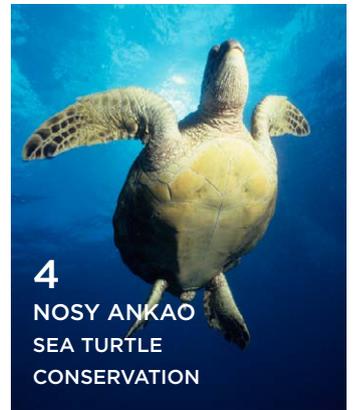
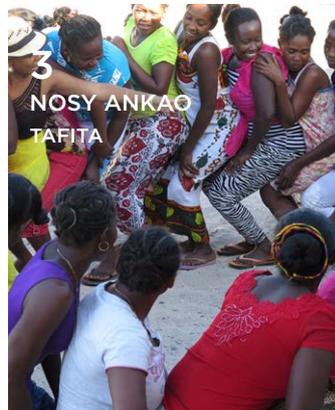


TIME + TIDE FOUNDATION

QUARTERLY NEWSLETTER

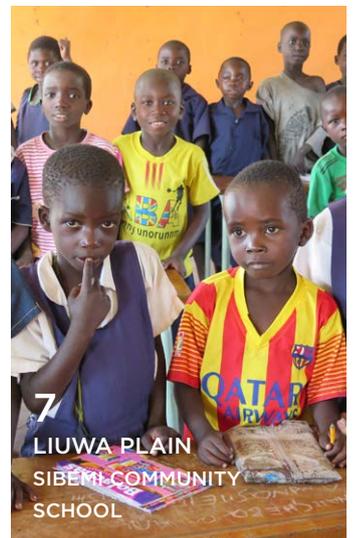
APRIL - JUNE 2016



5
SOUTH LUANGWA
BAULENI SPECIAL
NEEDS PROJECT



6
LOWER ZAMBEZI
CHITENDE SECONDARY
SCHOOL



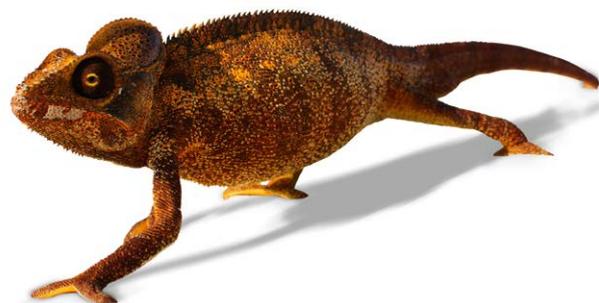
7
LIUWA PLAIN
SIBEMI COMMUNITY
SCHOOL

Time and Tide Foundation Website Now Live!



We are pleased to announce that the Time and Tide Foundation website is now online.

Please visit timeandtidefoundation.org to learn more about the history and governance of the Foundation, the areas in which we work and the diverse projects across our portfolio.



Nosy Ankao:

TAFITA

In May, we welcomed back TaFiTa to Nosy Ankao to reinforce the capacity of the health committee and conduct a feasibility study for a community garden.



The TaFiTa coordinators began by evaluating the progress the committee has made since its formation in December 2015, holding individual assessments and reviews with committee members on water, sanitation and hygiene, sexually transmitted infections, prevention of child illnesses, family planning, and safe motherhood. They then worked with the committee to prepare the first community health literacy programme on Nosy Ankao,

which involved holding community meetings and widely distributing information on common health concerns. In order to assess the feasibility of a community garden, an agricultural technician joined the TaFiTa team to analyse the physical properties of the soil across the island. They concluded that the soil was fertile enough for a small-scale vegetable garden and an experimental plot is now underway.



"I was most affected by the water, sanitation and hygiene lessons, which taught us the importance of hand washing, water treatment, regularly cleaning latrines and preserving hygiene in the home. I noticed a real decline in the number of stomach illnesses. I used to go with traditional practices but now I know I have other options. TaFiTa has brought important development to the people of Nosy Ankao."

- Meline, Community Health Worker in Antafondro, Nosy Ankao

Nosy Ankao:

SEA TURTLE CONSERVATION



With support from the Commission de l'Océan Indien, this quarter we welcomed to Nosy Ankao a team of scientists from Kélonia, a sea turtle research centre and aquarium in Réunion, to train the environmental team and local marine biology students on sea turtle monitoring protocols.

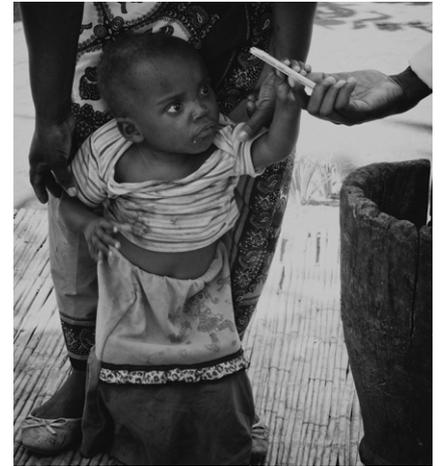
Over the course of 10 days, the scientists held lessons on the ecology and conservation of marine turtles, how to identify different species based on their tracks, how to mark turtles with identification tags, the impacts artificial light can have on hatchlings, and how to safely relocate nests in areas with severe erosion. With these standardized protocols in place, Kélonia will now be able to integrate the data collected on Nosy Ankao into the regional sea turtle database for the Western Indian Ocean, allowing them to monitor the status of endangered sea turtles in this area of northeast Madagascar.



South Luangwa:

BAULENI SOCIAL NEEDS PROJECT

The Head Teacher from the Bauleni Special Needs Project returned to Mfuwe this quarter with two physiotherapists from the Archie Hinchcliffe Disability Intervention, a Zambian non-profit that provides early physiotherapy to children with disabilities.



Together, they trained the Mfuwe home-based education volunteers on the common physiotherapy treatments for disabled children. The lessons focused on the physical repercussions of brain damage and how other parts of the brain, through external stimuli, can be taught to compensate for the damaged sections. Damage to an immature brain is one cause of cerebral palsy, which has been the most common handicap encountered by the volunteers in Mfuwe. The presenters challenged the volunteers to sit and stand while keeping their limbs rigid, reinforcing how difficult mobility can be for children with cerebral palsy. The final lessons included practical demonstrations with five handicapped children who attended the workshop, through which the volunteers learned how to design and implement individualized physiotherapy treatments.



"My friends used to laugh at my son, but these days they ask what I've been giving him because they cannot believe that he is the same child."

- Zeria Sakala, mother of Promise Chirwa (1 year old, cerebral palsy), beneficiary of the Bauleni Home-based Education Programme in Mfuwe



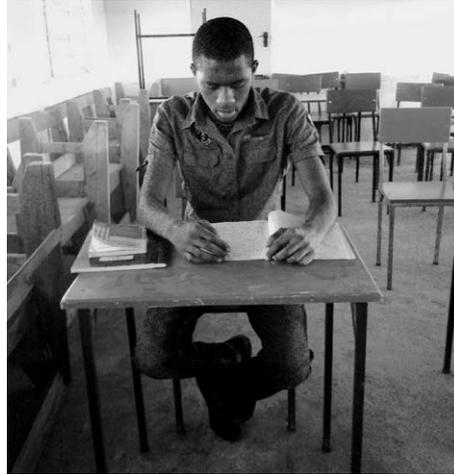
Lower Zambezi: CHITENDE SECONDARY SCHOOL

Over the last quarter, Barefeet Theatre has been working with the theatre and performing arts society at Chitende School on a number of performance techniques.

Before the close of Term One in April, the students held their first performance at the school's closing assembly, which included traditional dance, drums and spoken word poetry. In May, the Barefeet facilitators expanded on the students' love of dance by introducing Nyakasanga, a traditional circle dance from the Luvale tribe in the northwest of Zambia. Nyakasanga is normally

performed in celebration of good rains, to honour the chiefs during local festivities and at weddings. Over the course of the month, the students worked on a routine in this particular style, which they will incorporate into their final performance piece to be held at the end of the year.





Liuwa Plain: SIBEMI COMMUNITY SCHOOL

With oversight from the local Parents Teacher Association (PTA), the Sibemi Community School now has a stable teacher and consistently planned lessons for all five classes at the primary school.

The PTA members alternate monitoring lessons and the students' academic performances, ensuring that the students respond well to the teaching style. Concurrent to supporting the school's operations, the Foundation also sponsors a resident from Sibemi Village, Gerald Namuchana, through teaching college at Solwezi Falls College in the North-Western Province of Zambia. Gerald grew up in Sibemi and was fortunate enough to attend boarding school in the closest town of Kalabo, an opportunity that is rare for children from his area. He knows personally how imperative it is to have a qualified teacher running the community school, and upon completion of his degree he will return home to implement a standard of education that was not available to him in his primary school years.

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