OCTOBER - DECEMBER 2021

QUARTERLY NEWSLETTER

TIME TIDE FOUNDATION

3 NOSY ANKAO
FEMALE EMPOWERMENT PROGRAMME

4 SOUTH LUANGWA
HOME-BASED EDUCATION PROGRAMME

5 LOWER ZAMBEZI
STUDENT SPONSORSHIP PROGRAMME

6 LIUWA PLAIN
FEMALE EMPOWERMENT PROGRAMME

7 LIUWA PLAIN
STUDENT SPONSORSHIP PROGRAMME
Staff Development

Investing in new skills for team members improves the ability of the Time + Tide Foundation to achieve its objectives and simultaneously increases staff morale and individual growth. Therefore, we strive to continuously foster professional and personal development for employees at all levels.

Bupe Musonda, our newly qualified Body-Stress Release (BSR) Practitioner, recently completed her course with the BSR Academy in South Africa. Catherine Makoni, our Assistant Programme Officer for Lower Zambezi, has also been accepted to pursue the same course in April 2022. BSR is a complementary health technique that helps the body to self-heal and has proved an invaluable intervention for children with special needs.

Additionally, Kalinda Muyembe, our Monitoring and Evaluation Manager, is currently pursuing advanced research methodologies and analytical studies through a series of online courses, and Linda Njobvu, our Assistant Home-based Education Manager, was accepted to a three-year course in Special Education at Zambia Institute for Special Education, beginning in January 2022.
International Day of the Girl Child is held every year on the 11th of October, and this year’s theme was “Digital Generation. Our Generation.” In preparation for this special day, the girls attended a session on the rights of girls and women, including the rights to high quality education, to play, to be safe, to good nutrition, and the freedom of choice. The day was celebrated with the girls performing a play for 40 parents and community members. The play’s theme was “the importance of educating girls as opposed to forcing them into early marriages.” Through the play, we raised awareness about the consequences of early marriage and motherhood including health issues, pregnancy complications and gender-based violence. Additionally, members of the Female Empowerment Programme participated in the “Girls Get Loud” challenge, which is a campaign organised by our partner, Global Sojourns Giving Circle, and She’s the first. She’s the first is a community of advocates and change makers who believe that “every girl, no matter where she is born, deserves to be educated, respected, and heard.” The campaign was an opportunity for the girls’ voices to be heard in an international context and for them to share their perspectives as young Malagasy women.

“Early marriage is neither a solution nor a sign of success. It is a heavy load that destroys girls’ lives.”

- Severa, Class 7, Nosy Ankao Girls Club
The 2021 theme was, “Leadership and participation of persons with disabilities toward an inclusive, accessible and sustainable post-COVID-19 world.” In our efforts to raise awareness about the importance of inclusive education, we publicly recognised the commitment of our volunteer caregivers, who work diligently to help children with special needs reach their developmental milestones.

The guest of honour at the event, Mr. Pardon Kawila, Education Standards Officer (Special Education) from the Ministry of Education, called upon stakeholders and the general public to partner in breaking barriers faced by people with disabilities. He concluded by emphasizing the importance of the role TTF plays in improving the lives of people living with disabilities in our district of Eastern Zambia, the positive impacts of which are lifelong for children and their families.

During the last quarter, our TTF team in South Luangwa joined the rest of the world in commemorating International Day for Persons Living with Disabilities, which falls on the 3rd of December.
Lower Zambezi:
STUDENT SPONSORSHIP PROGRAMME

Nineteen year-old Priscilla is a day scholar at Smart Mutaiwa Day and Boarding School, and she placed first in her class with an overall average score of 82%, equivalent to an A in the Zambian scoring system. Priscilla was originally at Chitende Boarding School but was transferred to a school close to proper health facilities in 2020 because of her severe Asthma.

“Before I was awarded the sponsorship, my sister would struggle to fund my school needs, but now I am hopeful that I will be able to complete my studies. I enjoy studying and playing netball in my free time. I want to be a nurse after school so that I can help the sick in my community and assist my family financially.”

- Priscilla, Grade 11, Smart Mutaiwa Day and Boarding School

One of our first sponsored students in Lower Zambezi, Priscilla, will be progressing to her final year of high school in 2022.
Liuwa Plain:
FEMALE EMPOWERMENT PROGRAMME

The theme of their play was the importance of female education. The girls’ confident performances showcase their growing levels of self-esteem; indeed, over the course of last year, 80% of the 2019 cohort improved on their self-esteem assessments.

Mrs. Mulolo Mbambara, the Educational Standards Officer (ESO GI) from the Ministry of Education, was the guest of honour. She took time to address the community about the importance of supporting female education and protecting children from child marriages. The girls were inspired to see a female holding a prominent position in government and speaking confidently in a public setting. We also invited Mr. Mwanamwambwa, a motivational speaker, from our local community to reiterate the words of the ESO GI, adding “the benefits of educating girls include economic independence, help for the family, breaking poverty cycles, and community development.”

In Liuwa Plain, the girls in the programme gave a series of performances to mark International Day of the Girl Child, which were attended by over 200 parents and community members and included poems, a play, dances, and songs.
Liuwa Plain:
STUDENT SPONSORSHIP PROGRAMME

During the last quarter, nine sponsored students from Sefula Secondary School toured Mongu, the capital of Western Province. This tour was aimed at exposing the students to new areas of the city and introducing them to their peers from other schools. As part of the outing, they visited Kambule Secondary School, one of the oldest high schools in Western Province, where they played basketball and socialised with Kambule pupils. Excursions like these help students develop higher degrees of awareness, acceptance for cultural, social and learning diversity, which is especially important for students from Liuwa who have lived most of their lives in communities with only a couple of hundred residents, inside an isolated national park. Chinyama, our first sponsored student from Liuwa, is attending a year-long computer programme in Mongu this year as he awaits admission to university in Lusaka, and he joined the students, encouraging them to stay focused on their studies and to look for new and creative ways to broaden their horizons.

"Seeing how far Chinyama has come despite the challenges of coming from the remote community of Munde, inspires me to work extra hard in my Grade 12 examinations in 2022, as I want to join him at university one day. Chinyama’s experience has convinced me that it is possible to get educated regardless of where you come from as long as you remain focused on your goals."

- Mbangweta, Grade 11, Sefula Secondary School

For more information, please e-mail: info@timeandtidefoundation.org