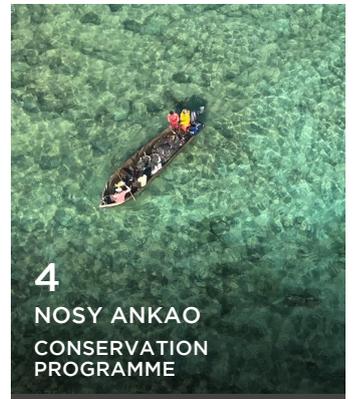
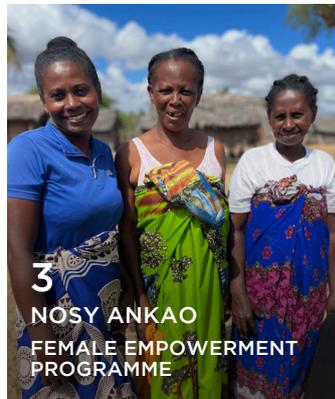


TIME + TIDE FOUNDATION

QUARTERLY NEWSLETTER

OCTOBER - DECEMBER 2022



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Expanding our Accountability



Over the past two years, we explored different Social Return on Investment (SROI) methodologies, but we struggled to find valuation techniques that were meaningful for our programme outcomes.

This methodology strategically solicits the perspectives of beneficiaries and other key stakeholders in order to understand and document their interpretations of what is most valuable about our programmes. During quarter four, the Time + Tide Foundation Executive Director, Programmes Manager and Monitoring and Evaluation Manager attended a course on Social Value, received the qualification of Social Value Associates and the organisation became a member of Social Value International, a global network for practitioners who wish to change the way the world accounts for value. In 2023, we will partner with Think Impact, a social impact and sustainability advisory firm, to conduct SROI evaluations and work closely with stakeholders to optimise the value created through each of our core programmes.

SOCIAL VALUE
INTERNATIONAL



Nosy Ankao:

FEMALE EMPOWERMENT PROGRAMME

In December 2022, 16 women who dropped out of school attended a week-long course on French literacy in the village of Ampisikinana.



The training was led by a specialist in adult literacy and focused on the essentials in French conversation such as greetings, introductions, the use of key verbs (to go, to be, to do, to come), and the vocabulary of times and dates. While the official languages of Madagascar are Malagasy and French, the education system is conducted in French, and it is the language most commonly used in domestic trade and commerce.

Upon enrolling in the Female Empowerment Programme, only two women were literate in French, on average their monthly income was \$14 USD and their average self-esteem score was 58%. Over their time in the programme, we aim to equip the women with the technical and socio-emotional support they need to improve their income generation capabilities, French language skills and build their confidence in market transactions, business management and financial self-sufficiency.



Nosy Ankao:

CONSERVATION PROGRAMME

In the second week of November, we conducted educational outreach to over 100 local fishing association members from 20 villages across the Loky-Manambato Protected Area.



We presented on best practices and sustainable fishing methods, the importance of the conservation of protected species that inhabit Loky-Manambato as well as a general assessment of the current state of fisheries within the protected area.

Fishermen agreed that sustainable off-take is of major concern and shared that their daily catches have reduced significantly from on average 50 kg of fish in 2000 to only 3 kg on average in 2022. All fishermen expressed their commitment to reinforcing the local regulations in the marine reserve and willingness to partake in the active safeguarding and replenishment of marine resources.



South Luangwa:

STUDENT SPONSORSHIP



This year, we had seven students graduate from high school in the South Luangwa, one student who finished her college teaching degree and seven students who completed a year of computer literacy courses. Three of our formerly sponsored students received 100% government bursaries to attend Zambia's premier university in the Copperbelt where they will pursue degrees in Business Administration and Medicine.

One of those students, Mambwe, was a volunteer for the Time + Tide Foundation after he graduated from secondary school in 2020 and thereafter was hired as an assistant for our Home-based Education Programme. Mambwe's data collection, programme coordination and stakeholder engagement have grown tremendously over the past two years, and we are delighted that he will continue to build this capacity throughout his time in university.

"During my internship, I got to work with the community and help children with special needs. I really enjoyed my working period because it allowed me to associate with different people and build my interpersonal and socialisation skills. I was awarded a scholarship to aid with necessary expenses as I pursue my studies at the Copperbelt University. This is an opportunity of a lifetime."

- Mambwe, First Year Student at Copperbelt University studying Business Administration



Lower Zambezi:

HOME-BASED EDUCATION

In October, we welcomed back Catherine from the Body Stress Release (BSR) Academy in South Africa, the third member of our team to receive this qualification and the first employee from one of our focal communities to attend an international course.

We have been working with Catherine for the past two years in readiness to enrol at the Academy, specifically tutoring her on anatomy and computer literacy. As a BSR practitioner, Catherine is now able to provide this complimentary therapy regularly to the 23 children with special needs in the Lower Zambezi as well as to adult residents in the Mugurameno community who experience high levels of stress. In December, Bupe, another

one of our BSR practitioners, traveled to the Lower Zambezi to assist Catherine with devising a monthly outreach schedule and implementing the necessary logistics for these regular treatments. Bupe also trained Catherine on numerical data collection and the supplementary, subjective data required to track each child's progress.



"Being the only Zambian in a class was intimidating at first, but I settled in and got close to my course mates which also contributed to me passing the course, by asking questions and learning from others. This is one of the biggest things I have ever achieved because not only am I more confident in myself, I am also in a better place to advise the people around me to believe in themselves."

- Catherine, Assistant Programme Officer and BSR Practitioner



Liuwa Plain:

ECONOMIC EMPOWERMENT



Following a meeting with the Litunga (King) of the Western Province, Zambia in 2020, we undertook research to learn from local business people how they felt revenue could be maximised over a regionally important traditional ceremony called the Kuomboka, an annual event during which the Litunga is moved from the Barotse floodplains to his dry winter residence.

We documented that local business revenue during the ceremony increased by 540% in 2021 and that entrepreneurs felt frustrated by their inability to access potential investment opportunities. Moreover, entrepreneurs stated they lacked sufficient capital to scale up business production and the knowledge on how to seek new and larger markets. In presenting the findings to the Barotse Royal Establishment (BRE), the governing body over which the Litunga presides, we recommended initiating economic forums as part of marketing the Kuomboka ceremony,

applying for government funds to train entrepreneurs on business management and, in partnership with venture capital firms and provincial administration, actively link entrepreneurs with investors through an investor hub programme. Equipping local stakeholders with the information they need to become self-sufficient in their advocacy is an objective across all of our programme areas, and we will continue to advise the BRE as they use this data in their funding proposals.



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