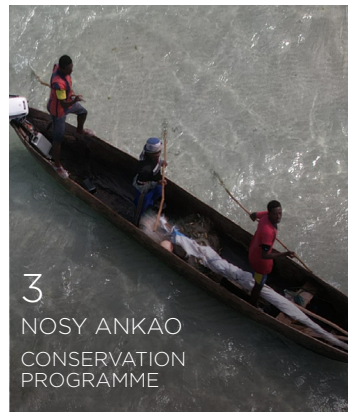


# TIME+TIDE FOUNDATION

QUARTERLY NEWSLETTER

APRIL - JUNE 2023



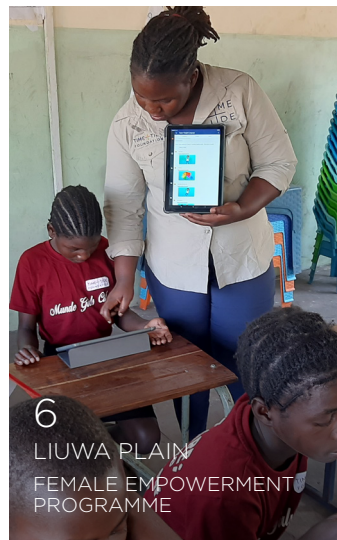
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# MENTORSHIP TRAINING



In May, our senior team underwent training in effective mentorship facilitated by Zambia Health Education Communication Trust (ZHECT), which included topics on compassionate communication, active listening and mentee advocacy.

All of our programmes require mentorship and strong behaviour change communication techniques, and ZHECT brings expertise in this area from their involvement in community outreach over the AIDS epidemic in Zambia during the 1990s and 2000s. For more than two decades, they worked with traditionally marginalised and unrecognised communities to change behaviours that caused the virus to spread. While our focal communities and messaging are different, the skills required to foster trusting environments are the same. Through our programming, we aim to change the way girls, women who dropped out of school and children with special needs view themselves and their potential, are viewed within their civil societies and the actions both they and other stakeholders can take to improve their future education and economic prospects.



# Nosy Ankao:

## CONSERVATION PROGRAMME

From the 17th to the 24th of April, our conservation team raised awareness among fishing communities on conservation and management of fishery resources in the Loky-Manambato Marine Protected Area.

This phase of our long-term education plan for local fishing associations involved training 439 members from 28 villages in the Ampisikina region, with a specific focus on the significance of marine turtles, their value in marine ecosystems and the actions fishermen can take to ensure their protection. Additional topics included sustainable fishing, the use of regulated fishing equipment and the purpose of guidelines such as fishing bans and rotational fishing zones.

Over 75% of fishermen demonstrated improved knowledge of sustainable fishing practices upon completion of the course, and we will monitor the implementation of the knowledge acquired by observing poaching incidents during our sea turtle monitoring patrols and illegal fishing practices (short-term), and sea turtle hatchling success and fish biomass (long term).





# South Luangwa:

## STUDENT SPONSORSHIP

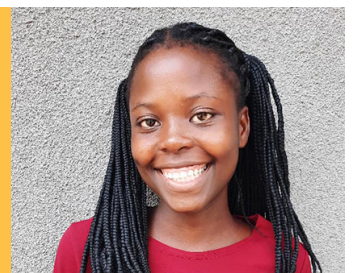
Beginning in May, we partnered with a local non-profit, Project Luangwa, on a bridging course for recent graduates of secondary school to assist them with preparation for college.



This one-year programme exposes students more comprehensively to computer literacy, organisational planning, time management, financial planning, and budgeting. Upon successful completion of this programme, the students will be better equipped to apply for both university and government bursaries. Many rural secondary schools lack the capacity to provide information technology lessons to students (Mulauzi, Walubita & Pumulo 2019), which means students acquire little to no digital literacy before enrolling in college. Key implementing stakeholders like Project Luangwa help to fill this gap by providing students with the technical resources and practical tools they need to effectively integrate into digital learning and urban college environments.

"I am excited and I feel privileged to be part of the programme. I have learnt how to write mails, surf the internet for information and how to use Microsoft applications such as Word, Excel and PowerPoint. These skills will help me greatly when applying to university and searching for scholarships online."

- Jackline, Time + Tide Sponsored Student Graduate



# Lower Zambezi:

## HOME-BASED EDUCATION PROGRAMME

One of the key objectives of our Home-based Education Programme is to help children living with disabilities enrol into formal school, which is in line with the Ministry of Education priority to establish integrated schools.



To achieve this objective, we work together with a wide variety of stakeholders, including parents, caregivers and teachers, to prepare the children for school through various cognitive, physical and social-developmental exercises. In 2022, we started a tutoring programme for children in the Lower Zambezi who were identified as candidates for imminent integration into government school, all of whom formally children become more capable of understanding their own feelings and the feelings of others, managing their emotions, and communicating effectively.

“Previously, I never thought of enrolling Mapalo in school because I feared he would be bullied because he has cerebral palsy. I didn’t think he would be comfortable to be around other children who are not differently abled. Mapalo is always happy to go to school and he is doing well. I now have confidence that he can thrive in a school environment and my wish is for him to successfully complete school.”

- Sekai, mother of Mapalo, Grade 1 student at Mugurameno Primary School





# Liuwa Plain:

## FEMALE EMPOWERMENT PROGRAMME

During this quarter, we partnered with Mwabu, an organisation that uses digital learning to address some of the challenges faced by schools in rural Africa such as large class sizes, lack of or poor access to internet and electricity and limited or no computers.



We piloted the use of their offline literacy app with girls in our Female Empowerment Programme in Munde Village. The Mwabu app is installed on tablets and easily navigable by students, with literacy exercises such as filling in the blanks, matching words and images and story comprehension.



To help strengthen the lesson delivery, our Female Empowerment Coordinators attended a two-day Mwabu workshop on how to plan lessons and oversee students' independent use of the course material. Upon entering the Female Empowerment Programme, none of the 2023 cohort of girls in Munde could read a short story. As we progress with the app, we will track how the literacy levels of girls in Munde Village change in comparison to those in nearby Sibemi Village, where the app is not currently being used. The results of the data will determine how we incorporate digital learning more broadly across our Female Empowerment and other programme areas.

# Liuwa Plain:

## HOME-BASED EDUCATION PROGRAMME

During quarter two, our partner Mikala Mbewe, a Special Education Expert and Headteacher at Timothy Mwanakatwe School in Lusaka, conducted training in Liuwa Plain with both caregivers and parents of children in our Home-based Education Programme.



She spent over 60 hours training 31 caregivers and parents on disability management, the biology of disabilities, child protection, and child inclusion. She further emphasised the importance of education for all children and urged parents to take their children to school and become involved in their education, such as introducing songs and play at home to reinforce basic arithmetic and literacy. Research has shown that parental involvement in their children's education improves learning outcomes. In rural Zambia, especially in remote wildlife areas like Liuwa, there are still many myths and misconceptions about the causes of disabilities, which perpetuates the exclusion, abuse and neglect of differently abled children. Through workshops like these, we continuously reinforce the biological facts about disabilities for caregivers and parents as repetition is key to the retention of information amongst communities with low levels of formal education.

For more information, please e-mail: [info@timeandtidefoundation.org](mailto:info@timeandtidefoundation.org)



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